



## الصحة الحضرية المتقدمة: التحديات والحلول في المجتمع العربي

المدة: 5 يوم

اللغة: ar

كود الكورس: IND5 - 159

## هدف الكورس

:Upon completion of this course, participants will be able to

- Understand the key factors influencing health in urban settings.
- Develop skills to analyse and address urban health disparities.
  - Learn strategies for effective urban health interventions.
- Explore the role of policy and planning in promoting urban health.
- Enhance their ability to implement and evaluate urban health programs.

## الجمهور

:This course is intended for

- Public health professionals
- Urban planners and policymakers
  - Healthcare administrators
  - Community health workers
- Graduate students in public health, urban planning, and related fields

## منهجية التدريب

:The course employs a blend of instructional methods, including

- Interactive lectures
- Hands-on project development sessions
  - Group discussions and case studies
  - Expert-led Q&A sessions
- Comprehensive course materials and resources

This advanced course explores the complexities of urban health, addressing the unique challenges and opportunities present in urban environments. Participants will gain insights into the social determinants of health in cities, develop strategies for improving urban health outcomes, and learn to implement effective public health interventions. The course combines theoretical knowledge with practical applications, equipping healthcare professionals to address the health needs of urban populations.

## محتوى الكورس والمخطط الزمني

### Section 1: Introduction to Urban Health

- Overview of urban health and its importance
- Social determinants of health in urban environments
- Epidemiology of urban health issues

### Section 2: Urban Health Disparities

- Identifying and addressing health disparities in cities
  - Impact of socioeconomic factors on urban health
  - Strategies for reducing health inequalities

### Section 3: Public Health Interventions in Urban Areas

- Designing and implementing urban health programs
- Case studies of successful urban health interventions
- Community engagement and participatory approaches

### Section 4: Policy and Planning for Urban Health

- Role of urban planning in health promotion

- Health impact assessment in urban policy-making
- Building healthy cities: best practices and innovations

## Section 5: Practical Applications and Future Directions

- Developing and evaluating urban health projects
- Emerging trends and future challenges in urban health
  - Collaborative problem-solving and case studies
  - Course review and expert Q&A

### تفاصيل الشهادة

Holistique Training. عند إتمام هذه الدورة التدريبية بنجاح، سيحصل المشاركون على شهادة إتمام التدريب من (e-Certificate) وبالنسبة للذين يحضرون ويكمرون الدورة التدريبية عبر الإنترنت، سيتم تزويدهم بشهادة إلكترونية من Holistique Training.

وخدمة اعتماد التطوير المهني (BAC) معتمدة من المجلس البريطاني للتقييم Holistique Training شهادات ISO 29993 أو ISO 21001 أو ISO 9001 كما أنها معتمدة وفق معايير، (CPD) المستمر.

لهذه الدورة من خلال شهادتنا، وستظهر هذه النقاط على شهادة إتمام (CPD) يتم منح نقاط التطوير المهني المستمر واحدة عن كل ساعة CPD يتم منح نقطة، CPD ووفقاً لمعايير خدمة اعتماد Holistique Training التدريب من لأي دورة واحدة نقدمها حالياً CPD حضور في الدورة. ويمكن المطالبة بحد أقصى قدره 50 نقطة.

### التصنيفات

الصحة والسلامة والبيئة، الرعاية الصحية والصيدلانية

### مقالات ذات صلة



## URBAN DESIGN'S ROLE IN MENTAL WELLBEING

### Urban Design's Role in Mental Wellbeing

Urban design significantly influences mental wellbeing through aspects like accessibility, green spaces, and social interaction. This blog explores how urban environments impact mental health, the principles of effective urban design, examples of cities implementing these concepts, and what the future holds for sustainable urban living.