



Empowered Leadership in AI Workplaces

Duration: 5 Days

Language: en

Course Code: PI2-139

Objective

By the end of this course, participants will be able to:

- Understand the role of AI in reshaping leadership practices and workforce engagement.
- Evaluate the psychological and emotional impact of AI adoption on employees.
- Build leadership strategies that prioritise employee wellbeing, resilience, and trust.
- Integrate AI solutions while maintaining ethical standards and transparency.
- Promote inclusive and future-ready work cultures aligned with digital transformation goals.

Audience

This course is ideal for:

- Senior executives and organisational leaders.
- HR and People & Culture professionals.
- Transformation and innovation managers.
- Diversity, equity, and inclusion (DEI) leaders.
- Change management consultants.
- Wellbeing and organisational development specialists.

Training Methodology

The course blends evidence-based content with experiential learning. Participants engage in expert-led sessions, group discussions, role plays, and ethical dilemma simulations. Interactive tools and frameworks will be applied to real organisational contexts, culminating in a final workshop to build an actionable roadmap for human-centred leadership in AI-integrated environments.

Summary

This advanced training course explores the evolving intersection of artificial intelligence (AI), wellbeing, and leadership in modern organisations. As AI technologies reshape work environments, leaders are now challenged to integrate digital innovation with a renewed focus on human values, mental health, and ethical decision-making.

Designed for senior leaders, HR professionals, and transformation managers, this course equips participants with the knowledge and frameworks needed to lead responsibly in AI-driven workplaces. It addresses how AI impacts employee wellbeing, workplace dynamics, and strategic decision-making, while also offering practical tools to ensure human-centric and ethically grounded leadership.

Participants will examine real-world case studies, explore international best practices, and develop action plans for leading with empathy, purpose, and technological foresight.

Course Content & Outline

Section 1: AI and the Future of Leadership

- Redefining leadership roles in the age of artificial intelligence.
- The dual impact of AI: efficiency gains vs human disconnection.
- Skills and behaviours needed for AI-era leaders.
- Case examples of leadership shifts in tech-enabled organisations.

Section 2: Wellbeing in Digital Workplaces

- Mental health, burnout, and digital overload in AI-driven systems.
- Building wellbeing strategies in hybrid and remote environments.
- Measuring and improving employee experience and resilience.
- Psychological safety and AI: navigating fear and uncertainty.

Section 3: Ethical Considerations in AI Implementation

- AI bias, transparency, and accountability.
- Human rights, data privacy, and workplace surveillance.
- Creating ethical frameworks for AI governance.
- Balancing productivity with dignity and fairness.

Section 4: Inclusive, Empathetic, and Responsible Leadership

- The leader's role in fostering trust and empathy.
- Inclusion challenges in AI-powered systems.
- Building emotionally intelligent teams in tech-heavy contexts.
- Embedding ethical and wellbeing KPIs into leadership models.

Section 5: Human-Centred Transformation Strategies

- Integrating AI into organisational culture and values.
- Designing wellbeing-focused change management plans.
- Tools for strategic foresight and digital adaptation.
- Final Activity: Develop your AI and Wellbeing Leadership Roadmap.

Certificate Description

Upon successful completion of this training course, delegates will be awarded a Holistique Training Certificate of Completion. For those who attend and complete the online training course, a Holistique Training e-Certificate will be provided.

Holistique Training Certificates are accredited by the British Accreditation Council (BAC) and The CPD Certification Service (CPD), and are certified under ISO 9001, ISO 21001, and ISO 29993 standards.

CPD credits for this course are granted by our Certificates and will be reflected on the Holistique Training Certificate of Completion. In accordance with the standards of The CPD Certification Service, one CPD credit is awarded per hour of course attendance. A maximum of 50 CPD credits can be claimed for any single course we currently offer.

Categories

AI, Data and Visualisation, Management & Leadership

Tags

Leadership, Artificial Intelligence, AI, Mental Health, Wellbeing

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