Presenting with Confidence: Presentation Mastery for Professionals

Duration: 5 Days

Language: en

Course Code: MG2 - 236

Objective

By the end of this course, participants will be able to:

- Understand foundational principles of effective communication and presentation design.
- Structure messages that captivate the audience — from short pitches (elevator pitch) to full presentations.
- Use storytelling, emotional resonance, and persuasive techniques to communicate ideas.

- Present data and facts in a memorable, impactful way.
- Master vocal delivery, body language, and presence to convey confidence and authenticity.
- Adapt their presentation style for different formats: meetings, public talks, pitches, virtual sessions.

Audience

Ideal for:

- Professionals needing to present ideas to teams, clients, or executives.
- Entrepreneurs, project leads, and business developers presenting proposals.
- Educators, trainers, and public speakers.
- Managers and team leaders responsible for pitches, reports, and stakeholder communication.
- Anyone seeking to improve public speaking, storytelling, and persuasive communication skills.

Training Methodology

The course combines lectures, storytelling & message-crafting workshops, vocal and body language labs, data visualisation sessions, and full presentation rehearsals with peer & instructor feedback. Emphasis on practice, reflection, and refinement to build real confidence and skill.

Summary

This course empowers professionals with the skills to craft and deliver powerful, persuasive, and memorable presentations — in person or online. It combines the most effective communication laws, storytelling frameworks, vocal and body-language techniques, and data presentation strategies to turn any idea into a compelling message that resonates, persuades, and mobilizes action.

Whether you speak to colleagues, clients, stakeholders, or large audiences, this programme builds your confidence, clarity, and presence — helping you deliver with authority, authenticity, and impact.

Course Content & Outline

Section 1: Foundations of Persuasive Communication

- The core laws of effective communication (clarity, simplicity, relevance).
- Understanding your audience: needs, context, expectations.
- Defining your goal: inform, persuade, inspire, sell, or lead.
- Differences between elevator pitches, short talks, and full presentations.

Section 2: Storytelling & Message Structuring

- Building a "message map" — from idea to story arc (beginning, conflict, resolution).
- Applying storytelling techniques that engage emotions and logic.
- Crafting strong openings, impactful closings, and memorable transitions.
- The "Rule of Three" and other structural tools for clarity and impact.

Section 3: Data & Visuals — Making Facts Memorable

- Methods to present data so it sticks: simplification, analogies, visualisation.
- Designing slides or visual aids that support — not distract from — the message.
- Balancing numbers and narration: when to show data, when to tell a story.
- Building multi-sensory presentations: visuals, voice, gestures, emotion.

Section 4: Delivery Mastery — Voice, Body Language & Presence

- Vocal techniques: projection, pacing, tone, articulation.
- Body language: posture, gestures, eye contact, movement.
- Authenticity & presence: how to "own the stage" with confidence and calm.
- Handling nerves, pressure, and unexpected situations.

Section 5: Adapting for Formats — Meetings, Pitches & Virtual Presentations

- Short pitches: delivering strong messages in 1–3 minutes (elevator pitch / quick updates).
- Full presentations: pacing, structure, and audience engagement for longer formats.
- Virtual presentations: adjusting delivery, visuals, engagement techniques for online sessions.
- Interactive Q&A, handling objections, and keeping audience attention.

Certificate Description

Upon successful completion of this training course, delegates will be awarded a Holistique Training Certificate of Completion. For those who attend and complete the online training course, a Holistique Training e-Certificate will be provided.

Holistique Training Certificates are accredited by the British Accreditation Council (BAC) and The CPD Certification Service (CPD), and are certified under ISO 9001, ISO 21001, and ISO 29993 standards.

CPD credits for this course are granted by our Certificates and will be reflected on the Holistique Training Certificate of Completion. In accordance with the standards of The CPD Certification Service, one CPD credit is awarded per hour of course attendance. A maximum of 50 CPD credits can be claimed for any single course we currently offer.
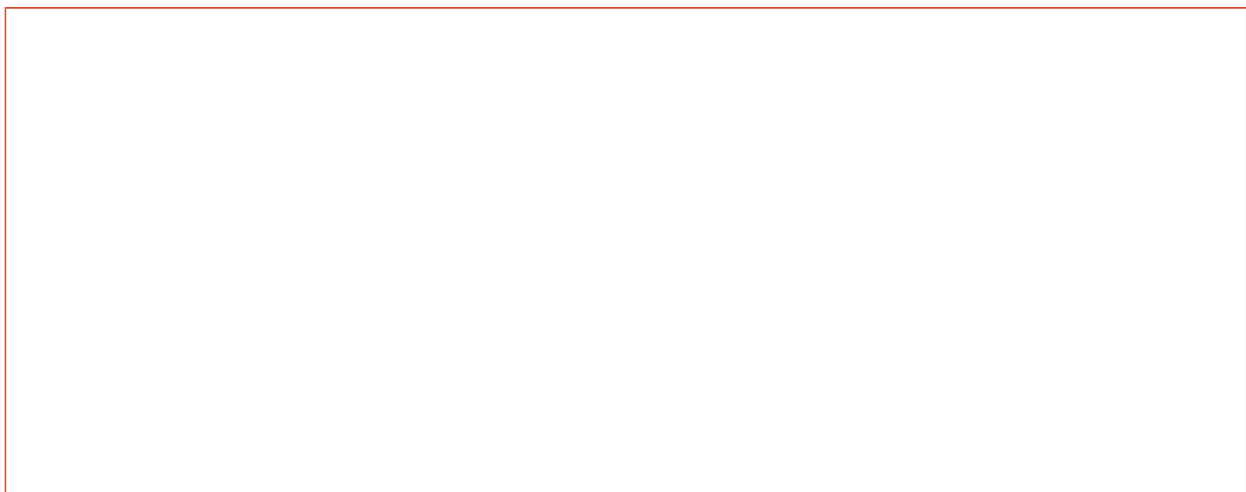
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Management & Leadership

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Storytelling, Presentation Skills, public speaking, confidence

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