



# Mastering Project Management and Leadership

**Duration:** 5 Days

**Language:** en

**Course Code:** PO4-108

## Objective

Upon completion of this course, participants will be able to:

- Develop motivational leadership skills, including strategic planning and effective communication.
- Cultivate relationships through engagement and motivation to foster commitment.
- Implement strategies for team buy-in, negotiation, and change management.
- Recognise individual attributes and roles to build cohesive teams and resolve conflicts.
- Communicate clearly to inspire, manage, and oversee performance effectively.
- Identify key stakeholders and establish productive relationships to gain support and input.
- Utilise practical negotiation techniques to achieve win-win outcomes.
- Lead project meetings, negotiations, and decision-making processes confidently.

## Audience

This comprehensive course is suitable for a wide range of professionals, including:

- Project Managers and Leaders
- Project Engineers and Support Staff
- Purchasing and Finance Officers
- Professionals aspiring to project management roles in Maintenance, Engineering, and Production.
- Employees managing multiple tasks and deadlines in various industries.

## Training Methodology

This course utilises a blend of interactive and experiential learning techniques to ensure participants develop effective leadership and project management skills. Through a combination of lectures, practical exercises, and group discussions, participants will explore key leadership practices and project management strategies. Role-playing scenarios and real-world case studies will provide hands-on experience in team building, negotiation, and conflict resolution. Reflective exercises and self-assessment tools will help attendees refine their personal leadership styles and develop actionable plans for continuous improvement. This multifaceted approach ensures participants can lead their teams to deliver exceptional results across various industries.

## Summary

Effective leadership is paramount across all industries. This comprehensive course equips participants with the necessary skills to lead and motivate their teams to deliver exceptional results. Through a structured programme, delegates will develop a strong foundation in key leadership practices, refine their project vision, and enhance their leadership competencies. Effective leadership is paramount across all industries. This comprehensive course equips participants with the necessary skills to lead and motivate their teams to deliver exceptional results. Through a structured programme, delegates will develop a strong foundation in key leadership practices, refine their project vision, and enhance their leadership competencies.

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## Course Content & Outline

### Section 1: Foundations of Leadership and Team Building

- Assessing leadership competencies and creating a development plan.
- Crafting a personal vision for a leadership journey.
- Traits and habits of effective leadership in project management.
- Establishing team roles and responsibilities and motivating team members.
- Understanding motivational patterns and stages of team building.
- Effective planning and project management techniques for team management.
- Developing working relationships with stakeholders through engagement skills.

### Section 2: Effective Communication and Empowerment Practices

- Understanding communication styles and the importance of delegation and collaboration.
- Empowerment practices including active listening, feedback, and accountability.
- Refining leadership development plans based on learning and feedback.
- Exploring influencing styles and strategies for success.
- Negotiation techniques, preparation, and resolution of conflicts.
- Handling internal sources of conflict and fostering constructive conflicts.

- Finalising leadership development plans.

### Section 3: Change Management and Ethical Leadership

- Understanding the stages of the change process and the leader's role.
- Definition and behaviour of ethical leadership.
- Developing change management plans and addressing resistance to change.
- Effective reporting practices and motivating high performance.
- Leadership learning and mentorship opportunities.

## Certificate Description

Upon successful completion of this training course, delegates will be awarded a Holistique Training Certificate of Completion. For those who attend and complete the online training course, a Holistique Training e-Certificate will be provided.

Holistique Training Certificates are accredited by the British Assessment Council (BAC) and The CPD Certification Service (CPD), and are certified under ISO 9001, ISO 21001, and ISO 29993 standards.

CPD credits for this course are granted by our Certificates and will be reflected on the Holistique Training Certificate of Completion. In accordance with the standards of The CPD Certification Service, one CPD credit is awarded per hour of course attendance. A maximum of 50 CPD credits can be claimed for any single course we currently offer.

## Categories

Management & Leadership, Project Management, Quality & Productivity

## Tags

Leadership, Communications, Empowerment, Project management

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