



Management of Rhinitis, Rhinosinusitis, & Immunotherapy

Duration: 5 Days

Language: en

Course Code: IND5 - 147

Objective

Upon completion of this course, participants will be able to:

- Understand the pathophysiology and epidemiology of rhinitis and rhinosinusitis.
- Develop advanced diagnostic skills for identifying rhinitis and rhinosinusitis.
- Learn about current and emerging treatments and management strategies.
- Explore the role and application of immunotherapy in managing these conditions.
- Enhance patient care through comprehensive management of rhinitis and rhinosinusitis.

Audience

This course is intended for:

- Allergists and immunologists
- ENT specialists
- General practitioners
- Medical professionals specialising in respiratory care
- Nurses and allied health professionals
- Clinical researchers in allergy and immunology
- Graduate students in medicine and related fields

Training Methodology

The course employs a blend of instructional methods, including:

- Interactive lectures
- Hands-on diagnostic and treatment sessions
- Group discussions and case studies
- Expert-led Q&A sessions
- Comprehensive course materials and resources

Summary

This advanced course provides an in-depth exploration of the diagnosis, treatment, and management of rhinitis and rhinosinusitis, focusing on immunotherapy. Participants will gain a comprehensive understanding of the pathophysiology, clinical presentation, and advanced therapeutic options for these conditions. The course combines theoretical knowledge with practical skills, preparing healthcare professionals to enhance patient outcomes through evidence-based practices.

Course Content & Outline

Section 1: Introduction to Rhinitis and Rhinosinusitis

- Overview of rhinitis and rhinosinusitis: definitions and classifications
- Pathophysiology and immunological mechanisms
- Epidemiology and risk factors

Section 2: Diagnostic Techniques

- Clinical history and symptom assessment
- Nasal endoscopy and imaging techniques
- Allergy testing: skin prick tests and serum-specific IgE tests

Section 3: Treatment Modalities

- Pharmacological treatments: antihistamines, corticosteroids, and decongestants
- Non-pharmacological treatments: saline irrigation and lifestyle modifications
- Surgical options for chronic rhinosinusitis

Section 4: Immunotherapy

- Principles and mechanisms of immunotherapy
- Indications and contraindications for immunotherapy
- Administration of subcutaneous and sublingual immunotherapy

Section 5: Practical Applications and Case Studies

- Hands-on diagnostic and treatment practice
- Developing personalized management plans
- Case studies and collaborative problem-solving
- Course review and expert Q&A

Certificate Description

Upon successful completion of this training course, delegates will be awarded a Holistique Training Certificate of Completion. For those who attend and complete the online training course, a Holistique Training e-Certificate will be provided.

Holistique Training Certificates are accredited by the British Assessment Council (BAC) and The CPD Certification Service (CPD), and are certified under ISO 9001, ISO 21001, and ISO 29993 standards.

CPD credits for this course are granted by our Certificates and will be reflected on the

Holistique Training Certificate of Completion. In accordance with the standards of The CPD Certification Service, one CPD credit is awarded per hour of course attendance. A maximum of 50 CPD credits can be claimed for any single course we currently offer.

Categories

Health, Safety & Environment HSE, Healthcare & Pharmaceutical

Tags

Rhinitis, Rhinosinusitis, Immunotherapy, Nasal endoscopy