

Medication Therapy Management (MTM)

Duration: 10 Days

Language: en

Course Code: IND5 - 169

Objective

By the end of this course, learners will be able to:

- Explain the benefits and structure of MTM.
- Conduct medication reviews and identify drug therapy issues.
- Create action plans for medication improvement.
- Communicate recommendations with patients and physicians.
- Document MTM interventions professionally.
- Incorporate MTM into daily workflow.
- Understand reimbursement pathways for MTM services.

Audience

This course is ideal for:

- Practicing pharmacists in retail or clinical settings.
- Final-year pharmacy students.
- Healthcare professionals involved in patient care.
- Chronic disease educators.
- Public health or managed care professionals.

Training Methodology

The course combines instructor-led lectures with case studies, visuals, short videos, role-playing, and quizzes. Participants will also work with MTM documentation templates and engage in group discussions for shared learning. Real examples help bring the theory into practice.

Summary

Medication Therapy Management (MTM) plays a vital role in improving health outcomes by ensuring proper medication use. This course introduces the essential components of MTM and provides practical skills to assess, manage, and follow up on medication therapy issues in real-world scenarios.

It is tailored for pharmacists and healthcare professionals looking to improve patient safety,

reduce medication errors, and provide structured MTM services with confidence. The course is built on interactive learning with simplified content and real case discussions.

Course Content & Outline

Section 1: Introduction to MTM

- What is MTM and why is it important?
- Key goals: safety, effectiveness, cost-efficiency.
- The five core elements of MTM.
- Role of pharmacists and care teams.

Section 2: Identifying Eligible Patients

- Patients who benefit most from MTM.
- Criteria used by Medicare and healthcare systems.
- Using risk factors and medication complexity.

Section 3: Comprehensive Medication Review (CMR)

- How to perform a CMR step by step.
- Gathering patient information.
- Reviewing medication lists and health goals.
- Detecting duplication, interaction, and non-adherence.

Section 4: Medication-Related Problem Solving

- Common medication issues: overuse, underuse, incorrect use.
- Case examples and clinical judgment.
- Creating a care plan with clear recommendations.

Section 5: Communication & Patient Engagement

- Counseling techniques for effective MTM.
- Shared decision-making with patients.
- Communicating findings with prescribers.

Section 6: Documentation and Follow-Up

- Recording interventions and outcomes.
- Using SOAP notes and documentation templates.
- Scheduling follow-ups and tracking improvements.

Section 7: MTM in Practice Settings

- MTM in community pharmacies.
- MTM in hospitals and primary care.
- Telehealth and digital tools for MTM delivery.

Section 8: Billing and Reimbursement

- Overview of MTM billing codes.
- Medicare Part D and MTM programs.
- Documenting for payment and audits.

Certificate Description

Upon successful completion of this training course, delegates will be awarded a Holistique Training Certificate of Completion. For those who attend and complete the online training course, a Holistique Training e-Certificate will be provided.

Holistique Training Certificates are accredited by The CPD Certification Service (CPD), and are certified under ISO 9001 and ISO 29993 standards.

CPD credits for this course are granted by our Certificates and will be reflected on the Holistique Training Certificate of Completion. In accordance with the standards of The CPD Certification Service, one CPD credit is awarded per hour of course attendance. A maximum of 50 CPD credits can be claimed for any single course we currently offer.

Categories

Health, Safety & Environment HSE, Healthcare & Pharmaceutical

Tags

Pharmacology, Drug safety, Medication Therapy Management, MTM, Medication use, Patient care, Pharmaceutical chemistry

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